

AICOOG 2026

PRE-CONFERENCE WORKSHOPS

14th January 2026, Wednesday

FULL DAY WORKSHOP

Eagle Vision: Through The Illuminare

9-12:30 PM	Laparoscopy
12:30- 2 PM	Workstations
02:00- 05:00 PM	Hysteroscopy

Advisors: Dr. Dinesh Kansal, Dr. Indu Chawla, Dr. Prakash Trivedi, Dr. Parul Kotadawala
Convenors: Dr. Aastha Aggarwal, Dr. Jyoti Bali, Dr. Subash Mallya, Dr. Sejal Naik, Dr Shivani Sabharwal

Time	Topic
08:45 AM	Inauguration and Welcome
Simulator Sessions	Endosuturing: 5 Stations
9:30-12:30 PM	In bag Morcellation: 5 Stations
02:00-05:00 PM	Hysteroscopic simulators: 5 stations
09:00-09:45 AM	Session 1: Basics
	Cost effective and sustainable OT set up
	Discussion
10 min talk + 5 min discussion	Energy devices and your first companion in laparoscopic surgery
	Discussion
	Anaesthesia: Partner in success, silent in glory
	Discussion
09:45 - 10:45 AM	Session 2: The Promise and Peril of Lap surgeries (Hysterectomy)
	Safe bladder dissection
	Discussion
	Tackling the uterine vessels- when & How?
10 min video on practical tips	Discussion
5 min discussion	Vault support during TLH
	Discussion
	Steps to prevent secondary haemorrhage post TLH
	Discussion
	Session 3: Panel Discussion (45 min)
10:45-11:30 PM	Complications of Laparoscopy
11:30 PM- 12:30 PM	Session 4: Mixed bag
	Safe abdominal entry
	Discussion
	Laparoscopic evaluation for fertility
10 min video on practical tips + 5 min discussion	Discussion
	Laparoscopic various specimen retrieval techniques
	Discussion
	Techniques to reduce blood loss in myomectomy
	Discussion
12:30 - 02:00 PM	Lunch

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02:00-02:40 PM	Session 5: Enigma of Endometriosis
15 min video on practical tips + 5 min Discussion	Endometriosis and pain management Discussion Endometriosis and fertility optimisation Discussion
02:40-04:00 PM	Session 6: Invited Videos capsules on practical tips on Hysteroscopy
6 min each + 2 min discussion	Evaluation of cavity Polypectomy Tubal cannulation Septum resection Foreign body removal Diagnosing Koch's by Hysteroscopy Office Hysteroscopy Rare presentation/ innovative procedure in Hysteroscopy Discussion
04:00-05:00 PM	Session 7: Prevention, Detection and management of Complications during Hysteroscopy
Panel Discussion	Entry related Procedure related Fluid overload Electrocautry related other
5:00 PM	Valedictory