

AICOG 2026

14th January 2026, Wednesday

POST-LUNCH WORKSHOP

Streaming Midlife: New Notes Of Orchestra

JAVAKUSUM HALL - 3rd FLOOR - ROOM NO. 303 | CC BUILDING

Advisors: Maninder Ahuja, Sudhaa Sharma, Suneeta Mittal, Susheela Gupta

Convenors: Archana Dwivedi, Manju Khemani, Shyjus P, Vinita Gupta

Time	Topic	Speaker/Moderator
2:00 PM-2:10 PM	Welcome Address & Inauguration	Archana Dwivedi
Session 1: Prescription Writing		
Experts: Anita Shah, Anju Soni, Archana Singh		
02:10-02:55 PM	Prescription writing in menopause: Case based Discussion Panelists: Arti Gupta, Anita Kant, Jyoti Jaiswal, Kiran Aggarwal, Reshmi Banerjee, Shyjus P, Susheela Gupta, Ushma Maniar	Manju Khemani Meeta Singh
02:15-03:10 PM	Audience Interaction	
Session 2: Panel Discussion		
Experts: Manju Varma, Neelam Aggarwal, Suneeta Mittal		
03:10 PM-03:55 PM	Case-based Discussion-Osteoporosis Panelists: Ajay Agarwal, Ashwini Bhalerao Gandhi, Binal Shah, Indu Taneja, Jyoti Bhaskar, Ruchika Garg, S S Doda, Vandana Gupta, Vivek Shankar	Maninder Ahuja Sudhaa Sharma
03:55-04:00 PM	Audience Interaction	
04:00-04:10 PM	Estrogen echo - Impact on menopause brain	Ragini Aggarwal
04:10-05:10PM	Work Stations	
Sr. No.	Station Name	Workstation Faculty
Station 1	Adult vaccination	Aditi Rathore, Meenakshi Ahuja, Sonal Gupta
Station 2	Medicines HRT	Asna Ashraf, Reena Srivastava, Rajeshwari Khyade, Madhuri Joshi
Station 3	Exercise and tools	Maninder Ahuja, Himanshu Kaushik, Renu Meena, Rajlaxmi Mundhra, Tanya Sharma
Station 4	How to use risk scoring charts	Bipasa, Madhusmita, Kiranjeet Kaur, Renuka Malik
Station 5	Nutrition	Ritika, Vinita Gupta, Jagruti Desai, Yukti Wadhawan
Delegates will be divided in 5 groups. Each group will spend 15 minutes on each work statio		