

# AICOG 2026 PUBLIC FORUM

## NAVIGATING SOCIAL MEDIA'S IMPACT ON ADOLESCENTS

18<sup>th</sup> January, 2026 | 11:00 AM - 12:00 Noon | Exhibition Area

<b>Advisors:</b> Dr Achla Batra, Dr Sangeeta Nangia Ajmani, Dr Shashi L Kabra Maheshwari <b>Convenor:</b> Dr Shakun Tyagi <b>Co-convenors:</b> Dr Pallavi Gupta, Dr Shriya Attri	
11:00 AM - 11:15 AM	Street Play : "Likes ke Liye" by Mrichhkatikam - Dramatics Society of MAMC <b>Co-ordinator:</b> Mr Lakshay Kathuria
11:15 AM - 11:25 AM	Welcome of the Chief Guest & Faculty <b>Dr Aruna Broota</b> , Senior Clinical Psychologist <b>Dr Supriya Jaiswal</b> , Chairperson FOGSI Adolescents Committee <b>Dr Mahima Kapoor</b> , Professor Psychiatry, GB Pant Hospital <b>Dr Yokesh Arul</b> , Social Media Influencer
11:25 AM - 11:35 AM	Address by Chief Guest <b>Dr Vatsala Aggarwal</b> , Director General of Health Services, Delhi
12:35 AM - 11:55 AM	<b>Panel Discussion:</b> Digital Dopamine <b>Moderater:</b> Dr Shakun Tyagi <b>Panelists:</b> Dr Aruna Broota, Dr Mahima Kapoor, Dr Supriya Jaiwal, Dr Yokesh Arul
11:55 AM	Pledge: Dr Shriya Attri
12:00 Noon	Vote of Thanks