

AICOOG 2026

PUBLIC FORUM

MENSTRUAL HYGIENE AWARENESS

17th January, 2026 | 2:30 PM - 3:30 PM | Exhibition Area

Advisors: Dr Achla Batra, Dr Sangeeta Nangia Ajmani, Dr Shashi L Kabra Maheshwari

Convenor: Dr Anita Rajorhia

02:30 pm - 02:32 pm	Context Setting - Dr. Anita Rajorhia
02:32 pm - 02:40 pm	Welcome Chief Guest: Mr. Amitabh Guests of Honor: Ms. Khushbu Mirza, Dr. Sampathkumari, Ms. Shahwar Shohrat Special invitees: Mr. Chitransh, Mr. Deep, Memento Presentation and Felicitations of Faculty
02:41 pm - 02:50 pm	Short film on Menstrual Hygiene - Mr. Amitabh
02:51 pm - 03:10 pm	Menstrual Hygiene Challenges and Management -Learning from experts on the dais Moderators: Dr Shehla Jamal, Dr Surbhi Singh
03:11 pm - 03:15 pm	Role Play - Village girl asking for MHM Participants: Dr. Divya Solanki, Dr. Shikha Arora, Dr. Yogpriya
03:16 pm - 03:20 pm	Role Play- Urban girl asking for modern innovations in MHM Participants: Dr. Pooja Jain, Dr. Seema Chopra, Dr. Shweta Mathur, Dr. Veena Agarwal
03:21 pm - 03:25 pm	Q&A with Audience/Interaction
03:26 pm onwards	Pad Yatra- with Placards Co-ordinator: Dr. Surabhi